



July 2025

School Menu



Mon	Tue	Wed	Thu	Fri
31	1 French Beans- Tomato Veggie Roti, Frymes	2 Bhindi Sabji Roti, Veg Raita	3 Mix Kathod Roti, Pickle	4 Self Meal
7 Paneer Masala Roti, Pickle	8 Dal Makhni Jeera Rice, B.Milk	9 Veg Pulao Boondi Raita	10 Moong Dal Roti, Salad	11 Self Meal
14 Rajma Jeera Rice, Papad	15 Guj. Daal, Steam Rice Gobi-Carrot Sambharo, Roti	16 Chole Jeera Rice, B.Milk	17 Mix Veg. Roti, Gulab Jamun	18 Self Meal
21 Mix. Kathod Roti, Pickle	22 Dal Tadka Jeera Rice, B.Milk	23 Kadhi Khichdi Pickle	24 Chole Roti, Curd	25 Self Meal
28 Moong Dal Roti, Papad	29 Yellow Rice Sev Tamatar, Curd	30 Rajma Jeera Rice	31 Paneer Lavabdar Roti, Salad	1



Did you know?



Carrots for sharp eyes, tomatoes for a happy heart, and gobi (cauliflower) to keep your brain active — our meals are full of veggie power!



French beans are packed with fiber, rajma gives you protein strength, and chole adds traditional taste with modern nutrition!



And yes... a sweet treat to make your lunch extra special!

