



September 2025 School Menu



Mon	Tue	Wed	Thu
1 Cabbage Potato, Cabbage Capsicum Tomato, Roti, Dal, Rice, Salad	2 Tindora Potato, Tindora (J), Roti, Dal, Rice, Salad	3 Mug Chutti Dal, Roti, Kadhi, Rice, Salad	4 Spinach Dal, Roti, Dal Fry, Rice, Salad
8 Bhindi Potato, Bhindi(J), Roti, Dal, Rice, Salad	9 Flower Potato, Flower Capsicum Tomato(J), Roti, Dal, Rice, Salad	10 Sprouts, Roti, Kadhi, Rice, Salad	11 Doodhi Chana, Dal, Rice, Roti, Salad
15 Cholle, Puri, Sheero, Salad	16 Soyabean, Roti, Dal, Rice, Salad	17 Turiya Mug Dal, Paratha, Salad, Chaas, Papad	18 Brinjal ka Bharta, Roti, Dal, Rice, Salad
22 Papdi Rigan, Roti, Dal, Rice, Salad	23 Rajma, Rice, Paratha, Salad & Chaas	24 Peas, Roti, Dal, Rice, Salad	25 Pav Bhaji, Gulab Jamun, Salad
29 Dum Aloo, Roti, Dal, Rice, Salad Jain-()	30 Methi Mutter Malai, Roti, Dal, Rice, Salad		



Did you know?

From nutrient-rich brinjal and spinach to fresh green peas, every bite is packed with health, energy, and taste helping our children grow stronger, sharper, and happier each day. 🌱✨



Our September menu brings Rajma, soybeans, chickpeas, and ridge gourd rich in protein, fiber, and vitamins. 💪 These superfoods help build strong muscles, boost energy, improve digestion, and keep children healthy and active every day! 🌱✨

